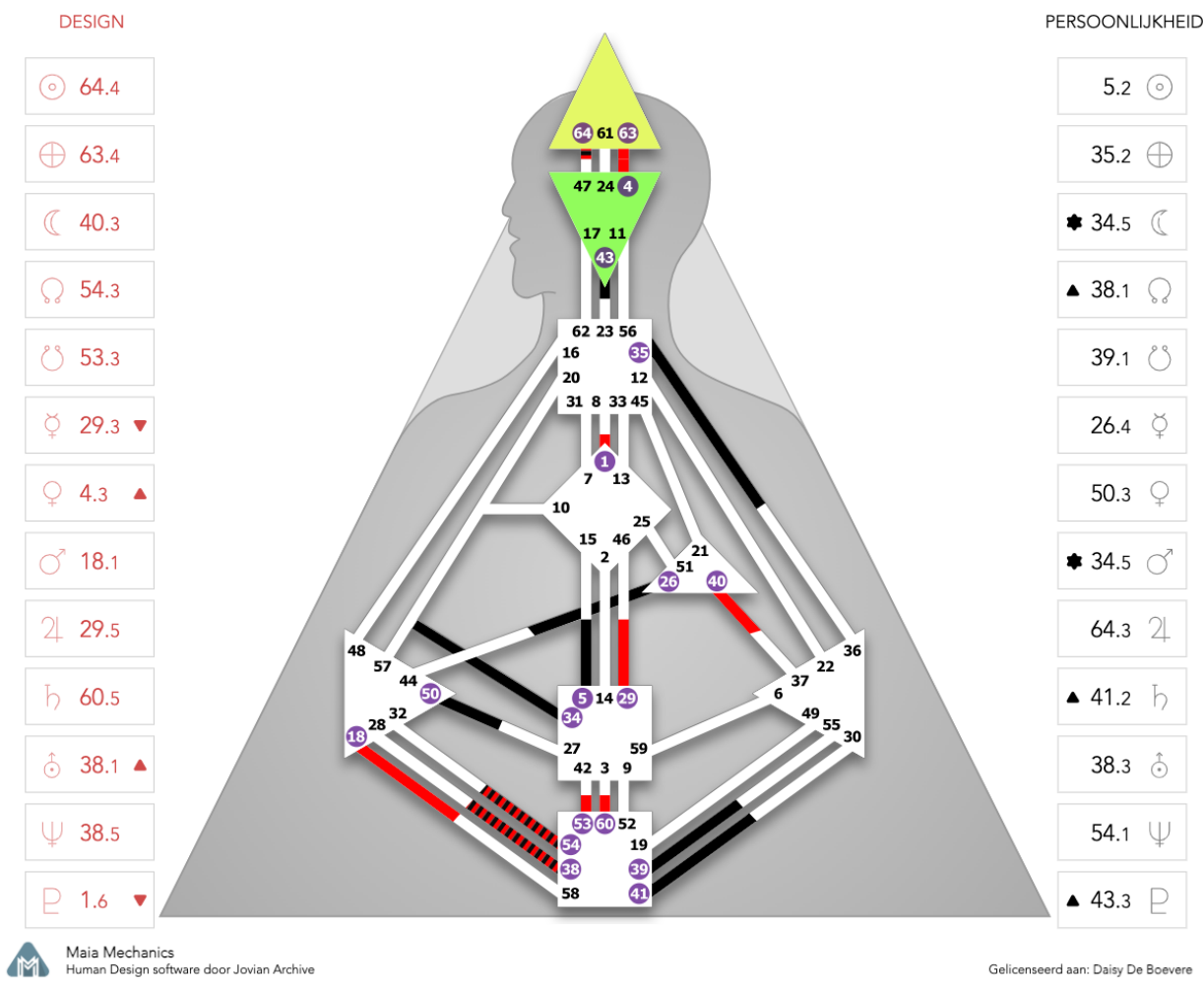


PTL1 Semester 3 – Foundation reading exercise

by Daisy De Boevere - December 5, 2024
Duration: approx. 60 minutes



Maia Mechanics
Human Design software door Jovian Archive

Gelicenseerd aan: Daisy De Boevere

Welcome and introduction

Hi, welcome.

It's so great to see you.

I'm really looking forward to diving into your chart together today.

So before we start, I just want to ask if it's okay to record this session because it can be really valuable to have a recording to revisit this reading, because you're going to receive a lot of information. And, of course, some of it probably will only land over time, and so you will be able to revisit.

Okay. Great.

Then I'll start a recording.

And then I also want to check with you your birth details.

So what I have from you is that you're born on December 5, 1991 in Anderlecht, Brussels, and your local time of birth is 11:49 AM.

Okay. Great.

I'm glad that's correct.

And so in front of you, you see now your Human Design chart.

And Human Design is a system that can show you your energetic blueprint and help you make decisions that are correct for you, so that you can get into alignment with the truth of who you are and eliminate resistance.

And that's what we're going to talk about today.

And we're going to visit Four Views to look at your body graph:

- Your type and strategy,
- your authority,
- your definition,
- and your profile.

And don't worry, I'm going to explain what this all means, and we're going to go through it step by step together.

So, you see this body graph in front of you.

And within it you see these nine geometric shapes that we call centers. They're connected with these lines and those we call channels. Some of these centers are colored in and some of them are white. And the ones that are colored in, we call defined centers. They're consistent, reliable parts of yourself where life force energy flows. And the white ones, we call undefined centers. And that's where the world comes in. That's the inconsistent, more flexible and variable part of who you are and where you're mostly conditioned.

I just want to help you navigate a little bit through those centers so that you know where is what.

And if we start at the top, you see this yellow triangle pointing upwards. That's your Head center and that's the center of inspiration, and mental pressure. And then the triangle below the Head center that is pointing downward: that's your Ajna center and here it's

colored in green and it's a center that's connected to all sorts of conceptualizing, to thinking processes.

And then below that center you'll see this white square and this square is your Throat center and this is the center of manifestation, expression, and action. And when we then go downwards to the far left of the body graph, you see this white triangle pointing to the right. This is your Spleen center and this center is connected to themes like health, intuition, and survival instinct.

When we then go to the bottom of the body graph, you see this white square. This is your Root center and the Root center is connected to adrenaline and drive, and the fuel to live or survive. And when we then go to the other side of the body graph, you see this triangle, the white triangle pointing to the left. This is your Solar Plexus center and this center is all about emotions, experience, and feelings.

And when we then go to the middle, so that white square that's on top of the Root center, that's on the bottom, that white square is your Sacral center and this center is connected to pure life force energy and sexuality. And when we go to the middle of the body graph, you see this square that is on its side. So, it's like a little diamond. This square is your G center which is connected to identity, direction, and love.

And then last but not least, we have that little triangle just below the G center on the right side, and this is your Heart or Ego center. This is a center that's connected to willpower, to the material world, and to self worth.

Type and Strategy

Now that we've gone through all the centers, we can really take a look at your body graph.

And I can tell you that this body graph shows us a Projector Type.

What makes your body graph a Projector body graph: it means that there is no connection between a motor center and the Throat center. So, there's no channel connecting one or more of the motor centers — and those are: the Solar Plexus, the Ego or Heart, the Sacral center or the Root center — with the Throat center.

And the other part is that a Projector does not have a defined Sacral center.

You know, that square just on top of the Root center that's on the bottom needs to be white, not colored in.

These two aspects, having an undefined Sacral center and no connection between a motor center and the Throat center, makes you a Projector. But you need at least two centers defined — and in your case, you have two centers defined — because, if there's no center defined, then you would be a Reflector Type.

And the Projector Type is a Type that has an absorbing, focusing, processin, and penetrating aura. This means that you're actually able to focus on other people and penetrate their auras and absorb that information.

And as a Projector, you're actually here to see and to guide. You're a non-energy Type, which means that you're not here to move energy into action or manifestation, or that you're here to build and work, and maintain energy. You're actually here as a non-energy Type to really see and guide, and to have awareness of who the other is. And through that, you can also learn something about yourself.

And the Projector has a Strategy of Waiting for the Invitation and what that means is that you're not here to go after what you want or try to manifest or make your life a certain way. It's really about relaxing into waiting so that invitations can come to you, that life can invite you, especially when it comes to guiding others or sharing what you see.

And it's important with an invitation, that you feel welcomed, and that people see you for what you bring to the table, your gifts and your unique contribution as a guide.

And when you wait for invitations, so when you don't go after things or try to achieve or make your life, but really wait for invitations where you also feel recognized, then you probably experience a lot less resistance in your life. And this may lead to an experience of success. And it's not necessarily success like we understand in our current society, but a feeling of success that's unique to you.

But when you don't follow that Strategy, bitterness may come up. Whenever you feel this bitterness, which is the opposite of feeling that success — and this bitterness will probably also come with a lot of resistance in your life — then you know that you probably need to pay more attention to the Strategy of Waiting for Invitations.

As a Projector — I already said that you're not really here to work or to move energy into manifestation or action — this also means that you actually need a lot of rest and alone

time so that you can unwind from whatever you're absorbing from other people or taking in through that openness in your body graph — you know, the parts that are not colored in. And it's important that you take rest and unwind before you go to bed because it can take a while before you are relaxed enough to actually fall asleep and have a good night's rest.

Authority

In the previous part of the reading, we discussed a little bit what Human Design is about and how you can find everything on the body graph, as well as what is your Type and your Strategy.

By now, you know that your Type is a Projector with a focused, penetrating, and absorbing aura, and that you have a Strategy of Waiting for the Invitation. And you also know that you need to be recognized for the gifts that you bring to the table and that it leads to an experience or feeling of success. And when you don't follow that Strategy, that you will probably run into a lot of resistance and bitterness.

But there's another equally important component that we still need to talk about: your Authority. And that's what we're going to explore in this section of the reading.

Authority is the way you can make decisions that are correct for you.

So, this component also helps you eliminate resistance in your life and avoid becoming bitter. And when we look at your body graph, then we can see that you have Environmental Authority. It is also called Mental Authority, short for Mental-projected Authority. It's also called No Authority or Sound Boarding Authority, or even Indirect Inner Authority.

And how you can see that in your body graph is that you have a defined Ajna center — you know, that triangle that is colored in green, second from the top. And you also have a defined Head, the top triangle in yellow. So, you can recognize Environmental Authority because all the centers below the Throat center will be undefined or open, not colored in.

In your case, we can see that you have a defined Ajna center connected to a defined Head center. With Environmental Authority, you can see three combinations of defined centers:

- Head and Ajna,
- or Ajna and Throat,
- or all three of those centers defined.

But all the other centers, below the Throat, will be undefined or open.

That means that you don't really have a personal inner Authority, and that's why it's sometimes also called No Authority.

This means that you actually receive your guidance from sensory information about the environment through your openness. That's why we call it Environmental Authority.

Your environment is really, really important to you.

So, if you are in the wrong environment, then you're also with the wrong people. There's this big question that comes up with every invitation that you get, when you have this Authority: Is this environment correct for me or not?

You already know that the Strategy that comes with your Type in order to move through life with less resistance, is to Wait for Invitations.

When you get an invitation, it is important that you ask this question: Is this environment, related to this invitation, correct for me or not?

You don't make that decision with or from the mind. The mind is not a decision maker, and this is really, really important to understand. The mind can be a brilliant outer authority for other people, but it's a terrible master for your own life when it comes to making decisions or knowing what is correct for you or not. That's why we have this authority mechanism, in your case, Environmental or Mental Authority.

So, how can you follow and honor this Authority? How does it work?

First of all, this is something that you will have to explore and experience, and learn to know through experimenting.

Don't forget: Human Design is really about the experiment.

You receive your guidance from the environment. You take your environment in through your undefined and open centers and that gives you information and important clues. And a way to know what is correct, through following this Authority in particular, is to have trusted advisors in your life. Not to get their opinions or advice when you're discussing a decision but just to sound board in order to hear your own discussion of the decision, your own ruminations about the decision.

So, it's important that these trusted advisors just let you talk, and that they can listen to you without putting their opinions or advice on you. It's really important that you are able to reflect with others in your environment, and that you can listen to what you are saying and what comes up with you while you're talking.

And through sound boarding, you can actually find your own truth, your own knowing of what is correct for you in the decision that you have to make. And sometimes it can be really beneficial even to physically visit the environment and kind of *sample* it or get a taste of how the environment comes across to you.

Definition and openness

Okay, now we're going to dive a little deeper.

So, in the beginning of our reading, I briefly summarized the center themes for you, as well as where you can find each center on the chart. This time, we're going to look at your definition.

Your definition is what is colored in in your chart and is part of that same island of connections. So, you see two centers colored in your chart: the Head center, the yellow triangle at the top, and the Ajna center, the green triangle just below the Head center.

These two defined centers are connected with a channel, that you see here colored in in red: channel 63-4. The rest of your chart has undefined and open centers — they're not colored in — and so, they're not part of your definition.

Your definition is connected in a single island. If you would take a pencil and you would follow the lines of what is colored in, than you'll see that you can draw a line from the Head to the Ajna center, but then there's no way to go any further.

Having all your definition in one single island of centers and channels that are defined, we call Single Definition.

With Single Definition, it usually means that you can make decisions independently. Of course, I have to add nuance here: that doesn't mean that you can make decisions quickly or spontaneously. No, it just means that with Single Definition, people usually don't need anyone else or some circumstances to make a decision for their own. They are usually much more independent than people with other kinds of Definition Types.

But, in your case, as we discussed previously, you are a Mental-projected Projector, so that means that you're going through a process where sound boarding often needs to be part of that process to come to realization and hear your inner truth of what is correct for you. So, you actually can benefit a lot from people in your life who can actively listen and hold space for you to talk and sound board. You still come to your own realizations, but you'll probably find that people will be part of that process and are playing a specific role in that process.

So, if you can remember: what is colored in in your chart is consistent and reliable. The Head center is the center of inspiration and the Ajna center is where we think and conceptualize. Having these two centers defined means that you're experiencing that energy in those centers in a consistent and reliable way. It's always there.

This tells us that you probably have a busy mind.

This channel, connecting your Head and Ajna center, is the channel of Logic. It's part of the Collective Logic or Understanding Circuit. It means that you don't only have a busy mind but also a doubting mind.

Now, doubt is not necessarily something negative. Doubt is actually essential in order to filter patterns and see if they are consistent or not. And when they're not consistent, you will question them, which adds pressure to your mind to find answers to those questions.

You see, patterns are only valuable if they can be repeated, e.g., for the survival and the good of the collective. And your mind plays a role in recognizing which patterns are consistent, and which are not, so that those which are not consistent can essentially be improved.

The doubt that you experience actually fuels your thinking, your logical, experimental thinking. Your mind is testing patterns in the present to project into the future. Will these patterns hold or not? Can we trust them? Your doubting nature plays an important role in this process.

And you probably feel that you need to articulate your doubt and the questions that come forth from that doubt, as well as the answers you're coming up with. But in order to share your process, it's important that you need to be invited and that you're recognized for this gift that you're here to bring. Remember? You're a Projector, so Waiting for the Invitation is key.

Sharing is part of this process. It's how you can become a brilliant outer Authority for other people, but your brilliance needs to be invited.

And there's also something interesting with this channel: it is completely colored in red, which means that it's part of your unconscious Design. Your mind might not even be aware of this part of your nature. It's like driving through a tunnel with the lights off. You don't know where you're going or where the end of the tunnel is. You can only surrender to that journey through.

And part of that same definition is also gate 64, the Gate of Confusion. So, you're not only pressured to move through doubt, but also to make sense out of confusion. This is a gate that's part of the Collective Sensing or Abstract Circuit. It's not logical. It's actually more about feeling, about experiencing the present order to reflect on it when it is past.

And it can come to you through a flood of images, coming into your head, that are rooted in past experiences. Those images are not particularly in the right order, or you don't necessarily know what they mean. So, it can be confusing at first, but then, over time, it starts to make sense, in its own timing.

Gate 64 can feel like you're going through a transition, a birth of some kind, where you'll be asked to be determined to pass through the confusion. It's not about mentally trying to solve the confusion, it's about moving through the confusion in its own timing, coming to some kind of revelation that can't be forced by the mind. It comes when it comes. Or not.

And this is something you probably recognize, because it's part of your conscious Personality. The mind can actually be aware of this happening.

But there's also an element that is part of your unconscious Design, so, you think you're driving on the highway with clear sight on your surroundings and a notion of where you're headed, but underneath, there's a whole tunnel that is out of your conscious reach. So, there's a lot more happening there than you're probably aware of.

And again, it's important to repeat that, whatever is revealed to you through the confusion, it needs to be invited before you can share.

And then there's another gate that's part of this definition as well: gate 43, the Gate of Insight. It's about establishing a new order based on individual insight. And this energy is potentially mutative.

But again, your unique, individual insight that will be triggered through what you learn from the confusion and the doubt: it needs to be invited. When shared or expressed with the right people, people might recognize your innate genius, your unique brilliance. But when shared or expressed with people who are not correct for you, you might come off as a freak.

And it's through following your Strategy and honoring your Authority, that you'll know who those people are and also, very important, when is the right timing to express or share.

And it's not like, what you express through this gate, are facts. This is not a logical gate, like that logical channel you have. It's also not an abstract gate. It's an Individual Knowing gate. So, you might experience an inner knowing; you know what you know, but you don't know how you know it. You just know.

It's the gate of the inner ear, the listening to your inner voice. And it's deaf to external insight and influence. It's about listening to your own, unique inner knowing, rationalizing inner truth into unique insights and perspective. Unique to you, but potentially empowering and mutative to others, when invited and correct to share and express.

So, if we summarize your definition, then we could say that you have a busy, doubting mind, that is logical, with elements of feeling into past experiences and deriving unique insight from confusion and doubt. You're here to recognize and challenge patterns, and learn from past experiences, and empower the right people through your unique insight and perspective, all in its right timing, through following your Strategy of Waiting to be Invited (and recognized) and honoring your Environmental Authority, which is a process-based Authority that can benefit from sound boarding with trusted friends who can actively listen, so that you hear your own truth as a realization through what you're bouncing off with others.

But of course, there's much more to discover in your chart. If we look below your defined Head and Ajna center, we can also discover that you have many more activations — colored in gates — but they're all in undefined centers, so we call those dormant potentials. They're a consistent part of who you are, but you don't have consistent access to them. They might get activated through interactions with other people and the planetary transits.

Looking into all these gates goes beyond the scope of this Foundation reading, but we can certainly do a follow-up to dive into some of the more important ones, if you feel called to. Feel free to contact me. I will also check up with you after giving you some time to process and digest this Foundation reading.

For now, what's really important to look at is that you have seven undefined centers. And that is a lot.

You have an undefined Throat, G, Ego, Spleen, Root, Sacral, and even a completely open Solar Plexus center.

So, let's talk about that now.

What does this mean?

It means that these are the places where you take in the world around you. You're sort of "open" for external influence in these areas. These are the biggest conditioning forces in your life. While, what's colored in in your chart, like your defined Head and Ajna center, that's what you're actually here to bring to the world, where you mostly condition others, instead of the other way around.

And in Human Design, we make a distinction between our true self and nature, and the not-self. If you know that what's colored in is a consistent and rather fixed part of who you truly are, and the parts of your chart that are not colored in, are an inconsistent, more flexible part of who you are, then the not-self is the tendency to make consistent what is inconsistent and flexible in our chart, or even trying to be flexible in what's consistent and fixed in our chart.

You can probably imagine that it can potentially lead to a whole series of problems. It's the cause of a lot of suffering in our lives.

We're meant to be flexible in what's inconsistent in our chart. And we're meant to be consistent in what's fixed in our chart.

So, we already talked about what is consistent and rather fixed in our chart: your defined Head and Ajna, with the Channel of Logic and the gates of Confusion and Insight. You're not meant to be flexible in those areas. In those areas, you have your consistent way of operating through that energy. And that's okay. That is your nature.

But in all the other centers, below your defined Head and Ajna, you're not meant to operate in a fixed or consistent way. You're meant to operate in an inconsistent and flexible way. Because, the way you will operate through those centers is dependent on your environment. So, you can probably sense how important a correct environment will be for you, having that much openness in your chart.

But also, it's about not defining yourself through those areas. It's about letting those external influences and energy flowing through you, in a sense, instead of adopting them as a definition of who you are. Because, it's not who you are. Who you are, in those areas, is ever-changing, flexible, unreliable and inconsistent. That's something really important to understand.

So, in your undefined Root center, when you would operate from your not-self, you're probably continually in a hurry, trying to be free of pressure. While, if you learn to be wise with this center, you might discover that you're actually someone who moves rather slowly through life and benefit more from doing less.

It's important to note that, of all your undefined centers, your Root center is probably the center that is under a lot of pressure, because you have a lot of dormant potentials in that center. You have 6 dormant potentials that can potentially be activated through interactions with other people and through planetary transits. So, that means that you might recognize that, in your daily life, dealing with the pressure to do and with stress, can be themes that are more on the forefront of your life and what you're here to become wise about.

In your undefined Sacral center, when you operate from your not-self, you probably don't know when enough is enough, so you keep going to the point of exhaustion. While, if you

learn to be wise with this energy, you might discover that you're energetically quite flexible and free to stop where other people keep going.

In your undefined Spleen center, when you operate from the not-self, you probably have a tendency to hold onto things that are not healthy for you, while, this center teaches you something about letting go, what is important to let go of. That's where you'll find wisdom.

In your open Solar Plexus, you might discover that, in your not-self, you want to avoid truth and confrontation. While, if you operate from your true self, you might learn something about your emotional neutrality and your freedom to confront or not. In other words, you might learn a lot about emotional maturity and intelligence.

Also, with this center, it is interesting to notice that there are no gates activated. There are a few gates pointing at your Solar Plexus, but having this center completely open, you just might feel at times, that you actually don't always relate to that whole *feeling game*, that you might not even know what to feel. And that's okay. Be gentle with yourself.

In your undefined Ego center, operating from your not-self, you're probably constantly trying to prove your worth, and you might have a tendency to make promises and then realizing that you actually can't always keep them. So, wisdom with this undefined center is to know when to give up and to not make promises, as well as freeing yourself from comparison.

And in your undefined G center, you might experience your not-self through the eternal search for love, identity, and direction. Who's going to tell me who to be, who to love and where to go? But coming from your true self, you'll realize that you're actually free to be no one or anyone, and that you're meant to be flexible in your identity, and the direction you're moving in. You might actually learn to understand what love actually is.

And in your undefined Throat center, when you're operating from your not-self, you're constantly looking for ways to draw attention to yourself, while, wisdom in this center is about the value of silence and knowing the right timing for doing, saying, and expressing.

So, you might come across all those doubts and that confusion in your Head and witness yourself being in a hurry to solve these doubts, to force yourself to get rid of confusion, in an attempt to avoid certain confrontation and truth, not knowing when enough is enough, holding on to that unhealthy dynamic, because you're so busy trying to prove yourself, to prove your worth, and make yourself noticeable to other people, because you're scared that, if you don't have something (interesting) to say, you might end up being misunderstood or seen as a freak, or you might feel unlovable; you might feel lost and empty, feeling like you missed important opportunities to know what direction to go in life, and to know who you're meant to be.

But you see, those seven undefined centers will not solve your problems that way. The not-self will not fix your life. It's only by embracing your true nature and living your unique design, that you'll be able to eliminate resistance in your life and be able to relax more into the truth of who you are.

And how do you get there?

Through experimenting with your Strategy and Authority.

But something as simple as that, in practice, is, of course, quite difficult.

Human Design is an experiment.

It challenges us to experiment with Strategy and Authority so that we can put the conditioning patterns to a stop, which can potentially create room for something new to emerge, a new awareness about who we actually are, instead of holding onto who we think we are or who we are conditioned to be or conditioned to think we are.

And Strategy and Authority are an entrance into that experiment, where we can discover this for ourselves, where we become more aware of our not-self tendencies as well as our true nature. It's about witnessing our lives through the lens of our design, and that observation in itself, the observation of the experiment and the experience, changes the experience. Awareness is the key to understanding yourself and the other, to loving yourself and the other.

Profile

And now, we have come to the final part of your Foundation reading.

We already talked about your Type and Strategy, your Authority, and we dove into your definition and your openness, where we looked at the center themes and how they can easily create problems if you're not living from your true nature. You already know that Strategy and Authority are a tool to decondition from those not-self behaviors, and help you move through time and space in a way that is correct for you.

Now we come to your Profile.

Your profile is the role you're here to play in this life. Aligning with your profile is like wearing a costume that has a good fit, that you feel comfortable in, in the sense that you might move through life with more ease and less resistance. It's a costume that fits your unique design; it's a role you play naturally and effortlessly, when you live your true nature.

And in your chart, we can see that you have a 2/4 profile, a Hermit Opportunist.

If you take the top two activations in the red and black columns, you will see that you have, in the black column, gate 5 and gate 35 next to the Sun and Earth symbols. Then there's a point, and after that point, you see the number 2. That is the first part of your profile. If we look on the other side, in the red column, you see gate 64 and 63 next to the Sun and Earth symbols, and those gates are in line 4. That is the second part of your profile.

So, if we put that first part and that second part together, we come to the profile 2/4. Line 2 refers to the Hermit, and line 4 to the Opportunist. Those are the keynotes, and we're going to talk about what those keynotes mean in this section of your reading.

We also talked a little bit about the meaning of the colors red and black in your chart. So, line 2 in your profile is in black, which means it's something your mind is potentially conscious of. It's who you think you are. And line 4 in your profile is in red, which means it's part of your unconscious Design. It's not that it's unconscious in itself; it means that your mind isn't necessarily conscious of it. Your mind doesn't have conscious access to it. The red side of our chart is the form, the body we're in, with all its processes and genetics, mostly unconscious to the mind.

We could also say, from that perspective, that your 4th line is here to operate correctly to support your conscious role, which is line 2. Your 4th line will tell you something about what the body needs, and in this case, it's about being in the right place socially, so that your 2nd line can live out its role correctly, which is to be selective and doing about its thing in its own space and time.

So, what does this mean?

Imagine a house. And you're on the first floor doing your thing, whatever that may be. It's dark outside but you have the lights on, and you're in front of the window with the curtains open. You're just doing your thing, completely absorbed by your own process, but the thing is: you actually permit people to look in and see. They see what you're doing. You're projecting outward. Others can see what you cannot easily see in yourself. You cannot easily see your own potential, because for you, it feels quite natural — you probably take it for granted, too — but people will call you out for it.

People call you out and say “you would be so great at this...” and that is what is launching you on your path. Once that call is answered — but again, you need to follow your Strategy and honor your Authority, so Wait for that Invitation (and recognition), and go through your process of realizing your inner truth, e.g. through sound boarding with trusted friends — you must be prepared to study, so that you can be effective in what you’re about to externalize.

The 2nd line is the line of being called, coupled with the unconscious need, that 4th line, to externalize. And what the 4th line is being called to, is friendship.

Your second line is fundamentally shy, so it needs boldness from others to call you. You are designed to be called and, therefore, you might notice that you’re called quite often, and that people might interrupt you in your process a lot. So, it’s really important that you use Strategy and Authority in order to be selective with these calls, to see which calls actually hold value for you, which calls are real invitations with true recognition. It’s not about quantity; it’s about the quality of the call.

Because, you see, even though your 4th line likes to be social, you can also experience something that’s called *social fatigue*, when you constantly allow yourself to tend to people’s calls. In the core, you’re seeking harmony, but you also want to be allowed to get on with life with as little interference as possible. Answering the wrong calls leads to fatigue, overwhelm, even exhaustion, especially as a Projector with no motor centers defined and no consistent access to vital energy.

As a 2nd line, you’re just busy about your own business, not wanting to be bothered by the world. That’s probably the part of the role that you’re most conscious of. You just want to do your thing. You want to be left alone. You’re just busy living out your process moment by moment, living it out in the now, very much absorbed in yourself. You’re not even aware that people are watching, that they can see you.

But your body, that unconscious 4th line, also wants to externalize; it’s waiting for that opportunity, for that right call, for that invitation and that recognition, and it’s unconsciously calling people in, bringing friendliness and friendship into your life, friends who will call you.

With a profile like this, you find harmony in being alone, Ra Uru Hu, the founder of this system, said: “When you truly enjoy being alone, you might get the best invitations.”

You cannot afford to be the subject of continual demands. You need to be selective with what calls to answer to. But at the same time, and it can often feel like a paradox, like this push-pull experience.

Correct relationships, for you, are rooted in friendship, and it is through these friendships, that network of friendliness that you establish with people, that you’ll receive calls that could potentially be correct invitations with correct recognition, that your Projector being deep-down is meant to answer, to live your unique design and to be able to embrace your full potential as a human being in this incarnation. Strategy and Authority will help you navigate that.

Closing

And now, we're coming to the end of your Foundation reading.

Let's go over the elements of your chart that are important to remember from this reading.

You are a Projector Type with a focused, penetrating, and absorbing aura.

Your Strategy is to Wait for the Invitation (and recognition).

Your Authority is Mental-Projected or Environmental, which means that you go through your own process of coming to realization of your own inner truth about what is correct for you, e.g. by talking it out and sound boarding with trusted friends.

You have a defined Head and Ajna with the Channel of Logic, the gate of Confusion and the gate of Insight, which is the consistent, reliable and fixed part of who you are, and what you condition others with.

You have seven undefined centers, which means that you have a lot of openness where the world comes in. Those areas can be strong conditioning forces in which you're challenged to become wise about those areas and the energy you take in and often also amplify.

It's where you will probably meet your not-self the most.

And the way to navigate through these challenges and grow awareness around these themes, is through following your Strategy and honoring your Authority, and not letting the mind rule your life.

You also know that Human Design is meant to be an experiment. It's not a belief system.

It's not about just believing that what I share with you about your chart is the actual truth.

It's up to you to step into the experiment with your Strategy and Authority, and witness for yourself if what I've shared with you holds any truth, as well as what is your unique experience of this in everyday life.

Therefore, Human Design is merely a signpost pointing to the potential of awareness of the life you get, an opportunity to relax into that life, rather than resisting it from the mind and all its conditioning.

You are truly here to share your brilliance and your genius with the world, with the right people who recognize your gift of moving through doubt and confusion into unique and potentially mutative insight, your gift for recognizing consistent and inconsistent patterns for the benefit of the whole, by being absorbed in your own process, enjoying your time alone, until answering the right call to externalize what you have been conceptualizing.

The world needs your genius, and the way to get access to your genius is through following your Strategy of Waiting to be Invited (and recognized), and honoring your Mental-projected Authority in which you recognize your inner truth of what is correct for you, through realization over time, so that you can step into your guiding potential as a Projector, empowering and inspiring one person at a time.

I hope that with this reading you can feel yourself awaken a little bit to who you truly are.

Don't forget: this beautiful map reveals itself to you in its own timing. So, don't worry if you don't understand everything that we talked about today. Give it time. You'll have the recording to revisit this reading anytime you like.

If you would have questions after this information starts landing a little bit more with you, feel free to contact me and I'm happy to help you find the answers. I will also check in with

you after some time to see how you're doing. Feel free to also share new insights with me; I always enjoy learning about your experiences and your experiment.

So, if you don't have any questions now, I will stop the recording.
Thank you for going on this little journey with me.
Bye for now.